

RASPORED GRUPA od 02.09.2019.

PONEDJELJAK	UTORAK	SRIJEDA	ČETVRTAK	PETAK	SUBOTA
8.30 – 9.15	8.15 – 9.00	8.30 – 9.15	8.15 – 9.00	8.30 – 9.15	
MB MAT 2 NINA	MB CYCLING TENA	MB MAT 2 NINA	MB CYCLING TENA	MB MAT 1x NINA	
9.30 – 10.15	9.30 – 10.30	9.30 – 10.15	9.30 – 10.30	9.30 – 10.15	
MB CYCLING NINA	YOGA-THERAPY TENA	MB MAT 3 NINA	YOGA-THERAPY TENA	MB MAT 3 NINA	
				10.30 – 11.15	10.00 – 10.45
				MB CYCLING	MB MAT 1x MARITA
		12.00 – 12.45			
		MB CYCLING			
16.30 – 17.30	16.30 – 17.15	16.30 – 17.30	16.30 – 17.15		
MB CYCLING DALIBOR	MB MAT 1 MARITA	MB CYCLING DALIBOR	MB MAT 1 MARITA		
17.35 – 18.20	17.30 – 18.15	17.35 – 18.20	17.30 – 18.15	17.00 - 18.00 (1.11)	
MB CYCLING DALIBOR	MB MAT 3 MARITA	MB CYCLING DALIBOR	MB MAT 3 MARITA	AFTER WORK YOGA TENA	
18.30 – 19.30	18.30 – 19.15	18.30 - 19.30	18.30 – 19.15		
SLOW YOGA TENA	MB MAT 2 MARITA	SLOW YOGA TENA	MB MAT 2 MARITA		
19.35 – 20.35	19.30 – 20.30	19.35 - 20.35	19.30 – 20.30		
POWER YOGA TENA	MB CYCLING MARITA	POWER YOGA TENA	MB CYCLING MARITA		
20.45 – 21.30	20.30 - 21.15	20.45 – 21.30	20.30 - 21.15	20.00 – 20.45	
MB MAT 3 TENA	MAT INTENZIV MARITA	MB MAT 3 TENA	MAT INTENZIV MARITA	MB CYCLING 1X DALIBOR	

LEGENDA

- programi na strunjači po levelima MB Mat
- programi s biciklima (do 8 polaznika) MB Cycling
- programi joge MB Yoga

1x – treninzi koji se odvijaju jednom tjedno i mogu se kombinirati s drugim fiksnim terminima